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*Prostanthera incisa*

[Synonyms : *Prostanthera sieberi*]

**CUT-LEAF MINT BUSH** is an evergreen shrub. Native to Australia it has tiny pale purple flowers.

It is also known as Mint bush.

An oil is extracted from the strongly-aromatic leaves.

*Incisa* means ‘deeply and irregularly cut’.

The dried leaves or the leaf oil (used sparingly because of its potency) have been used as a non-minty flavouring for both savoury and sweet food ranging from pasta dishes and cheese to ice cream, yogurt, jams and jellies.