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*Pteris multifida*

[Synonyms : *Pteris serrulata*, *Pycnodoria multifida*]

**SPIDER FERN** is an evergreen fern. Native to eastern Asia (particularly China) it has longish fronds.

It is also known as Chinese brake, Spider brake fern, and Table fern.

*Multifida* is Latin (cloven into many parts) meaning ‘divided many times’.

This fern has been cultivated as an ornamental garden plant and as an indoor pot plant.

Medicinally, particularly in China, local herbalists have recommended a root decoction to treat diarrhoea and worms.