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*Pterygota macrocarpa*

[Synonyms : *Pterygota bequaertii*, *Pterygota cordifolia*, *Sterculia thompsonii*]

**AFRICAN PTERYGOTA** is a tree. It is native to tropical Africa

It is also known as *Ake* (Gabonese), *Awari* (Ghanaian), *Efok* (Cameroonian), *Ikame* (Zairean), *Koto* (Ivorian), *Kyere* (Ghanaian), *Kyereye* (Ghanaian), *Nkowa* (Ghanaian), *Obonawa* (Ghanaian), and *Pterygota*.

The tree has been declared vulnerable in the wild.

*Macrocarpa* is made up of Greek *macro-* (large, long) and *carpo-* (fruit) components meaning 'large-fruited'.

Chimpanzees enjoy the leaf shoots.

The yellow to white wood has been used for joinery, veneering, and the manufacture of plywood, as well as for building interiors, and for making furniture, and broom handles.

Medicinally, local Nigerian herbalists have used the leaves to treat bladder and urinary disorders and ease wind.