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*Quercus wislizeni*

[Synonyms : *Quercus agrifolia*, *Quercus parvula*, *Quercus parvula* var. *shrevei*, *Quercus wislizeni* f. *extima*]

**INTERIOR LIVE OAK** is an evergreen shrub or tree. Native to California (United States), it has glossy dark green leaves and often dark-lined acorns.

It is also known as Live oak, and Sierra live oak.

Warning – the pollen can present a hazard for hay fever sufferers.

The flowers are pollinated by the wind.

*Wislizeni* is said to commemorate the name of Frederick Adolph Wislizenus (1810-1889), a German-born physician who emigrated to Missouri in the United States and discovered this species.

The tree's acorns were eaten in quantities by the Tubatulabal North American Indians but only occasionally by the Neeshenam tribe. They were a staple part of the Luiseño diet, and they and the Miwok Indians made them into porridge and stored them for Winter food.

Apart from this the Miwok also used the acorns to make bread and soup.

Few tribes seem to have valued this oak as a source of medicine – although the Miwok did take a bark decoction to ease coughs, and dusted the blackish-or reddish-brown bark on skin sores.

The heavy, very hard wood has been burnt as fuel.

Interior live oak has been cultivated as an ornamental.

Deer browse on this tree's foliage.