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Ranunculus recurvatus

[Synonyms : *Ranunculus boreaeanus*, *Ranunculus hirsutus*, *Ranunculus recurvatus* var. *adpressipilis*, *Ranunculus recurvatus* var. *fontinalis*, *Ranunculus recurvatus* var. *laevicaulis*, *Ranunculus recurvatus* var. *recurvatus*, *Ranunculus recurvatus* var. *typicus*]

HOOKED CROWFOOT is an annual or perennial. Native to North America, it has open clusters of small, inconspicuous, pale yellow flowers with to 20 yellow-tipped stamens. It is also known as Blisterwort, Hooked buttercup, Recurved buttercup, *Renoncule recourbée* (French), Rough buttercup, and Rough crowfoot.

Pollinated by bees (attracted by the nectar), flies and butterflies.

Recurvatus is derived from Latin *recurvo* (to bend backwards, curve backwards) meaning ‘curved backwards’.

The North American Cherokee Indian tribe cooked the leaves as a vegetable. But the Menominee Indians boiled the root to obtain an edible red colouring.

Cherokee and Iroquois Indians found different medicinal uses for hooked crowfoot. The former used the plant to ease sore throats and skin disorders and drank the juice as a sedative.

While the latter took a root decoction to treat venereal disease, using it also for easing toothache The Iroquois included it as an ingredient in a laxative too.