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Roystonea oleracea

[Synonyms : *Areca oleracea*, *Euterpe caribaea*, *Gorgasia maxima*, *Oreodoxa caribaea*, *Kentia oleracea*, *Oreodoxa caribaea*, *Oreodoxa charibaea*, *Oreodoxa oleracea*, *Oreodoxa regia* var. *jenmanii*, *Roystonea caribaea*, *Roystonea oleracea* var. *jenmanii*, *Roystonea oleracea* var. *oleracea*, *Roystonea venezuelana*]

CABBAGE PALM is a palm. Native to the West Indies and to north-eastern South America, it has creamish flowers.

It is also known as Barbados cabbage palm, Cabbage tree, *Cai wang ye zi* (Chinese, Hong Kong), Caribbean royal palm, Caribbee royal palm, Caribbee royal palm, Carib's palm, *Chaguaramo* (Spanish, Venezuelan), *Gan lan ye zi* (Chinese), *Kohlpalme* (German), *Königspalme* (German), *Oréodoxe des Caraïbes* (French), *Palma cavolo* (Italian), *Palma kubis* (Malay), *Palmeira imperial* (Brazilian), *Palmeira real* (Brazilian), *Palmera imperial* (Spanish), Palmetto royal, *Palmier colonne* (French, Réunion), *Palmier royal des Caraïbes* (French), *Palmiste* (French), *Palmiste franc* (French), *Palmisto* (Italian), Royal palm, South American royal palm, West Indians' cabbage palm, West Indies royal palm, *Xi yin du ye zi* (Chinese), and *Yagua* (Honduran).

Oleracea means 'vegetable- or cooking herb-like or of the herb-, vegetable or kitchen garden'.

In parts of the West Indies the terminal bud or cabbage is eaten locally as a delicacy, raw or cooked as a vegetable. It is the prime ingredient in a well-known salad called 'Millionaires salad'. The young leaves are also edible.

The trunk of cabbage palm yields sago-type (*Metroxylon sagu*) of starch.

The trunk and stems are used locally for wharf piling and general construction-work.