

Rubus arcticus

[Synonyms : *Cylastis arcticus*, *Rubus acaulis*, *Rubus arcticus* subsp. *arcticus*, *Rubus arcticus* subsp. *humilis*, *Rubus arcticus* var. *pentaphylloides*, *Rubus stellatus*]

ARCTIC BRAMBLE is a creeping shrub. Circumpolar (northern Eurasia and northern North America), it has small, pink or red flowers with many purple stamens, and bright red fruit.

It is also known as *Aakerbær* (Norwegian), *Akerbær* (Danish), *Åkerbär* (Swedish), *Åkerbären* (Swedish), *Allackerbeere* (German), *Amerikanische Taubeere* (German), Arctic blackberry, Arctic raspberry, *Arktiki vatos* (Greek), *Arktische Bjørnebær* (Danish), *Arktische Brombeere* (German), *Bei xuan gou zi* (Chinese), *Bjarnarber* (Icelandic), *Brombeere* (German), *Chishima ichigo* (Japanese), Crimson blackberry, Crimson bramble, Dewberry, Dwarf blackberry, Dwarf nagoonberry, Dwarf raspberry, *Dwergbraam* (Dutch), Eyeberry, *Heimskautaber* (Icelandic), *Ji di mei* (Chinese), *Lu mei* (Chinese), *Maa-muurain* (Finnish), *Mesimarja* (Finnish), *Mesimurakas* (Estonian), *Mora ártica* (Spanish), Nagoonberry, Nectarberry, Northern blackberry, *Ostružiník arktický* (Czech), *Polarkorbær* (Danish), *Poolbraam* (Dutch), *Ronce arctique* (French), *Ronce du nord* (French), *Rovo mora* (Italian), *Soomurakas* (Estonian), Stemless raspberry, *Tekszla* (Polish), Wineberry, and *Xuan gou zi zhi lei* (Chinese).

This plant is viewed as an endangered species in the State of Michigan in the United States and as sensitive in the wild in the State of Washington.

Arcticus means ‘of or from the polar Arctic’.

Alaskan, Inupiat, and Upper Tanana Inuits, as well as the Koyukon Indians, have all eaten the pleasant tasting fruit.

Both Norwegians and Chinese have used the leaves to make a substitute tea.

For the Alaskans the fruit if available in quantity are an ingredient for making jelly.

In some places even a few fruit will be mixed into a fruit salad. They are also enjoyed in jam, and as an ingredient in wines and liqueurs.

Birds are in competition with man for the fruit.