

You are viewing one of thousands of biographies – click below for more, including Search box and access to Plant associated organisations.

[Plant Biographies](#)

[Bibliography](#)

Salvia pratensis

[Synonyms : *Salvia bertolonii*, *Salvia haematodes*, *Salvia tenorii*]

MEADOW CLARY is a perennial. Native to Europe (including Britain) but particularly areas near the Mediterranean, it has small blue, lavender, pink or violet-purple flowers.

It is also known as *Ängssalvia* (Swedish), Introduced sage, Meadow sage, *Saets y Waun* (Welsh), *Salbei* (German), *Šalvěj luční* (Czech), *Salvia* (Swedish), *Salvia lúčna* (Slovak), *Veldsalie* (Dutch), and *Wiesen-Salbei* (German).

The flowers are pollinated by long-tongued bumble-bees.

In Britain meadow clary is now considered to be an endangered species in the wild and is protected there under the Wildlife and Countryside Act 1981.

Pratensis is derived from Latin *pratium* (meadow) meaning ‘of or from meadows’.

In Medieval times it was believed in Britain that the master of the house would do well (and survive) so long as the meadow clary in his garden flourished.

Medicinally, the seeds are used locally to treat eye complaints and herbalists have also used the flowers to ease sweating.