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Suaeda maritima

[Synonyms : *Chenopodina australis*, *Chenopodina maritima*, *Chenopodium australe*, *Chenopodium maritimum*, *Dondia maritima*, *Lerchea maritima*, *Salsola indica*, *Suaeda australis*, *Suaeda indica*, *Suaeda nudiflora*]

ANNUAL SEA-BLITE is an annual. Native to Asia, North America, South America and Europe, it has small purple-green flowers.

It is also known as *Alur* (Javanese), Common seablite, *Helys Unflwydd* (Welsh), Herbaceous seepweed, *Khati luni* (Gujarati), *Saltört* (Swedish), Seablite, and *Swejda* (Maltese).

Maritima means ‘of the sea or seaside or coastal’.

In Java (now part of Indonesia) the leaves are eaten as a green vegetable.