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Symphytum asperum

[Synonyms : *Symphytum armeniacum*, *Symphytum asperrimum*]

ROUGH COMFREY is a perennial. Native from Russia to Iran it has rose pink buds opening to small red maturing to blue flowers.

It is also known as *Fodervallört* (Swedish), *Kostihoj* (Slovak), *Kostival drsný* (Czech), Persian comfrey, Prickly comfrey, *Rauher Beinwell* (German), *Rauhe Wallwurz* (German), Rough Russian comfrey, *Ru Kulsukker* (Danish), *Simfito raspa* (Esperanto), *Taggvallört* (Swedish), and *Tarharaunioyrtti* (Finnish).

Asperum is Latin (rough to the touch) with reference to the stems.

Although rough comfrey was introduced to Britain from the Caucasus in 1811 as a fodder plant and initially was cultivated for this purpose enthusiasm for it disintegrated.