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Teucrium canadense

[Synonyms : *Teucrium littorale*]

AMERICAN GERMANDER is a perennial. Native to eastern North America it has small pink flowers with projecting stamens.

It is also known as Betony, Canada germander, Creeping germander, Germander, Germander wood sage, Ground pine, Head-betony, Wood betony, and Wood sage.

Canadense means 'of or from Canada or north-eastern North America'.

Some authorities note that American germander could be a possible source of natural rubber.

Medicinally, herbalists have recommended an infusion of the plant to treat fevers, gout and rheumatism.