

You are viewing one of thousands of biographies – click below for more, including Search box and access to Plant associated organisations.

[Plant Biographies](#)

[Bibliography](#)

Triteleia laxa

[Synonyms : *Brodiaea candida*, *Brodiaea laxa*, *Brodiaea laxa* var. *candida*, *Brodiaea laxa* var. *nimia*, *Brodiaea laxa* var. *tracyi*, *Hookera laxa*, *Milla laxa*, *Seubertia laxa*, *Triteleia angustiflora*, *Triteleia candida*]

GRASS NUT is a bulb. Native to western North America (particularly California) it has purple-blue flower heads.

It is also known as Blue milla, Brodiaea, Grass lily, Ithuriel's spear, Triplet lily, and Wally basket.

Laxa is derived from Latin *laxus* (loose, slack, spacious, wide) meaning 'loosely spaced or open'.

The common name Ithuriel's spear is believed to compare the slender straight stems to that angel's spear.

Some of the Pomo tribe wound the small flowers into the wreaths which were displayed at their Strawberry Festival.

Quite a few local North American Indian tribes ate the cooked corms including the Yuki Indians. Both the Karok and Pomo tribes ate them roasted – and the latter boiled them as well.

Today research is being undertaken into the viability of growing the flowers in greenhouses on a commercial scale for the cut flower market.