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Turnera ulmifolia

[Synonyms : *Turnera alba*, *Turnera angustifolia*, *Turnera caerulea*, *Turnera mollis*, *Turnera peruviana*, *Turnera trioniflora*, *Turnera velutina*]

YELLOW ALDER is a subshrub. Native to tropical America it has large sometimes red or mauve flushed, yellow flowers.

It is also known as *Clave de oro* (Spanish), Damiana (English, German), *Goldnelke* (German), *Grossblättriges Damiana* (German), Holly rose, *Lidah kuching* (Malay), Ramgoat dashalong, Sage rose, and West Indian holly.

The flowers close at noon.

Ulmifolia is made up of the genus name *Ulmus* and Latin *-folia* (leaved) components meaning ‘with leaves like those in that (elm) genus’.

Medicinally, it has been used as a tonic and a remedy for some respiratory ailments.