

You are viewing one of thousands of biographies – click below for more, including Search box and access to Plant associated organisations.

[Plant Biographies](#)

[Bibliography](#)

Umbilicus rupestris

[Synonyms : *Cotyledon peltatum*, *Cotyledon pendulinus*, *Cotyledon tuberosus*, *Cotyledon umbilicus-veneris*, *Umbilicus pendulinus*]

NAVELWORT is a semi-evergreen perennial. Native from Europe to south-western Asia it has many tiny pinkish- to yellowish-green flowers.

It is also known as Bachelor's buttons, Cornleaves, *Cotylédon* (French), Cows, *Cratchillon* (Channel Islander-Jersey Norman-French), Cups-and-saucers, Cut-finger, *Deilen Gron* (Welsh), Dimplewort, *Étricoeur* (Channel Islander-Guernsey), Happennies-and-pennies, Hipwort, Ice plant, Jack-in-the-bush, Kidneyweed, Kidneywort, *Klippnavelört* (Swedish), Lady's navel, Lover's links, Lucky moon, Maid-in-the-mist, Milk-the-cows, Moneypenny, *Nabelkraut* (German), *Navelört* (Swedish), Navy work, Penny pies, Pennywall, Pennywort, Prince's feather, *Pupec štěrbinový* (Czech), Royal penny, *Venuskraut* (German), Wall navelwort, Wall pennyroyal, Wall pennywort, and *Wassernabel* (German).

Rupestris of or from rocky places'.

It is said that the Romans used the plant in love spells.

Medicinally, herbalists once used the plant juice to treat epilepsy and country-folk in Wales used it as a cure for some eye diseases. It was valued in past centuries as a remedy for internal inflammation, kidney stones, gout and sciatica. A poultice of the leaves was considered a remedy for piles and this was also applied to burns and scalds.